

REGISTER OF MUSCULOSKELETAL MEDICINE TEACHERS



Australian Association of Musculoskeletal Medicine

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OVERVIEW

We are now in the second half of the 'Bone and Joint Decade', an international initiative whose major aims include advancing the understanding and treatment of musculoskeletal conditions. The burden of musculoskeletal conditions is immense. In the 2001 census, a third of the Australian population complained of a chronic musculoskeletal condition. Musculoskeletal complaints comprise 15% of all general practice consultations. This underlines the importance of adequately equipping Australian doctors with the knowledge and skills to deal confidently and competently with patients with musculoskeletal pain and disability.

To support medical education about musculoskeletal conditions at both undergraduate and postgraduate levels, the Australian Association of Musculoskeletal Medicine (AAMM) has compiled this register of doctors with expertise in teaching musculoskeletal medicine. It is intended as a resource to help link providers of medical education with teachers of musculoskeletal medicine in their region.

Over the last 40 years, musculoskeletal medicine has emerged as a special interest area in general practice and some specialist practice such as rehabilitation medicine. Musculoskeletal medicine deals with the diagnosis and conservative treatment of a wide range of musculoskeletal conditions, most commonly spinal pain and spinal referred pain, osteoarthritis, neuropathic pain, tendinopathies and other soft tissue pains. It draws on and integrates the knowledge and skills of several disciplines, including orthopaedics, rheumatology, rehabilitation medicine, physiotherapy and osteopathy.

Musculoskeletal medicine is characterised by a comprehensive biopsychosocial approach, informed by the basic sciences and clinical research, to provide a comprehensive and pragmatic approach to diagnosis and treatment. Treatment encompasses modalities ranging from education and exercises to manual therapy and injections.

The register provides details of doctors practising musculoskeletal medicine who are available to teach in undergraduate and postgraduate settings. It provides their contact details and qualifications, their type of practice and their special interests within musculoskeletal medicine. All doctors in the register are members of the AAMM, most have postgraduate diplomas in musculoskeletal medicine and some hold Fellowships of the Australian College of Physical Medicine and/or the Australasian Faculty of Musculoskeletal Medicine. The register is also available electronically on the AAMM website, www.musmed.com

We hope this register ultimately helps to improve the quantity and quality of musculoskeletal medicine practice in Australia.

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Australian Capital Territory

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Qualifications: MBChB, DPH, M Med, FAFOM
Area of practice: Director and senior staff specialist,
Occupational and (musculoskeletal) pain medicine
Special Interests: Neck and back pain

New South Wales

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Qualifications: MBBS, MMED (Phys Med)
Area of practice: Musculoskeletal / physical
medicine
Special Interests: Lumbar spine, cervical spine
dysfunction for manual treatment applications,
injection of trigger points and prolotherapy
applications

Dr Michael Creswick
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BEECROFT NSW 2119
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Qualifications: B Sc, MBBS, Grad Dip MSM
Area of practice: Fulltime musculoskeletal/ physical
medicine
Special Interests: Examination and manual,
exercise, injection treatment of axial and peripheral
dysfunction, particular interest in neck and
cervicogenic headache. Soft tissue pain
assessment, manual medicine, injection techniques.

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Qualifications: MBBS, FRACGP, M Med
(Musculoskeletal), DRAMZCOG
Area of practice: Musculoskeletal medicine
Special Interests: Back pain, neck pain and
shoulder pain.

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Qualifications: MBBS (Syd) Hons Cert Manual Med
(RACGP), Fellow Aust College of Phys. Med.
Area of practice: Musculoskeletal medicine, general
practice.
Special Interests: Spinal examination, manipulation
and muscle energy therapy.

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ERINA NSW 2250
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Qualifications: MBBS, GDMT:FACPM
Area of practice: Musculoskeletal pain medicine and orthopaedic medicine
Special Interests: Musculoskeletal assessments and management of these conditions from both occupational and physical medicine perspective.

Qualifications: MBBS (London), M Med Physical Med (Musculoskeletal) (Syd)
Area of practice: Physical medicine, manual medicine and musculoskeletal medicine.
Special Interests: Most areas of musculoskeletal medicine and shoulders and peripheral limbs.

Qualifications: MBBS, FRACGP, FAFMM, Grad Cert Pain Medicine.
Area of practice: Musculoskeletal medicine, occupational medicine, injury management.
Special Interests: Examination of patients, evidence based approach to treatment, using guidelines, injury management in the occupational area. Preference for undergraduate teaching.

Qualifications: MD, BSc. PT (Hons), FRACGP, FCAP
Area of practice: General practice with an emphasis on rehabilitation medicine
Special Interests: Physiotherapy/ sports medicine, pathology (Fellow College of American Pathologists), General Practice.

Qualifications: MBChB, FAFOM
Area of practice: General practice referrals and independent medical practice
Teaching Preference: Postgraduate
Special Interests: Low back pain in the compensable environment, sickness absence.

Qualifications: MBBS, BA, DPH, FAFOM (RACP)
Grad Dip Sp Med
Area of practice: Private specialist practice in occupational medicine
Special Interests: Diagnosis and management of spinal upper/lower limb musculoskeletal injuries and conditions

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Queensland

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Qualifications: MBBS, FACPM, M Med Phys Med, Cert Man Med.

Area of practice: Sports and Musculoskeletal Medicine

Special Interests: Sports injuries (golf and tennis), musculoskeletal back pain, neck pain, shoulder and knee injuries.

Qualifications: DO, M App Sc (Musc. Med)

Area of practice: Musculoskeletal medicine

Special Interests: Manipulation, myofascial release, strain and' counterstrain, myofascial spray and stretch.

Qualifications: LLB, MBBS, DRCOG, Member London College of Osteo. Med., Fellow of Australian Faculty of Rehab. Med.

Area of practice: Rehabilitation and musculoskeletal medicine, osteopathy

Special Interests: Diagnosis, exercise, ergonomics, myofascial pain therapy, percutaneous neurolysis, diagnostic and therapeutic spinal injections, medico-legal reports, manual therapy

Qualifications: FRACGP, FACRRM, FASMF, FARGP, M Sp Med, Grad Dip Ed, B A Sc, DCH

Area of practice: Sports Medicine

Special Interests: Children and young Adults

Qualifications: MBBS, FRACGP, MHA , Grad Dip MSM, Grad Cert Med Acup.

Area of practice: Mainly positional release, strain/ counterstrain, acupuncture, needling, patient education some mobilization and injection therapies.

Special Interests: Combining physical therapies and acupuncture. Preference for teaching undergraduates.

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Qualifications: MBBS, Grad Dip Musc Med (Otago)
Area of practice: Musculoskeletal medicine
Special Interests: Not specified

Qualifications: MBBS (QLD), FRACGP, Grad Dip Musc Med (Otago).
Area of practice: Osteopathic (Michigan-Kirkville), myofascial, trigger point, muscle balance (Yanda)

Special Interests: Chronic pain treatment – cognitive approaches, general muscle balance, Mobilization with impulse treatment

Qualifications: MBBS, FRACGP, Grad Dip Musc Med (Otago), FACPM, FAFMM
Area of practice: Solo, full-time musculoskeletal; pragmatic approach.
Special Interests: Manipulation, Muscle energy Techniques, diagnosis and treatment of myofascial pain. Preference for teaching postgraduates.

Qualifications: MBBS, FRACGP, FAFMM, Grad Dip Musc Med (Otago)
Area of practice: Musculoskeletal medicine including sports medicine
Special Interests: Broad, spinal pain, tendinosis, injection techniques, shoulder pain.

Qualifications: MBBS, FRACGP, FAFMM, D Grad Dip Musc Med (Otago)
Area of practice: General practice, musculoskeletal medicine and aviation medicine
Special Interests: Musculoskeletal pain, caudal epidurals, manipulation, collagen sclerotherapy.

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Qualifications: PHC, DC, MBBS.
Area of practice: General practice
Special Interests: X-ray analysis and manipulation techniques.

Dr Ken Steffensen
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Qualifications: MBBS, DRCOG, Cert Man Med (RACGP), Grad Dip Musc Med
Area of practice: Musculoskeletal medicine
Special Interests: Myofascial dysfunctions

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Qualifications: BSc, MB, ChB, FRACGP, Dip Obst., Grad Dip Musc. Med.
Area of practice: Musculoskeletal medicine
Special Interests: Strain/counterstrain

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Qualifications: MBBS, PhD, FRACGP, FAFMM, Grad Dip Musc Med
Area of practice: Musculoskeletal medicine and general practice
Special Interests: Musculoskeletal referred pain, thoracic spinal pain, musculoskeletal research

South Australia

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Qualifications: MBBS, MSc, PhD, Dip Ed, Dip Obs RANZOG, FAFRM, FRACGP.
Area of practice: Musculoskeletal medicine
Special Interests: Pelvic and shoulder girdle.

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Qualifications: BMBS, FAFRM, FFPMANZCA, Grad Dip Musc Med, Grad Cert Sp Med.
Area of practice: Musculoskeletal injuries (all types)
Special Interests: Examination techniques, pain medicine, musculoskeletal treatments

Qualifications: MBBS, FRACGP, FACRRM, Grad Dip Rural, DRANZCOG (Adv), Grad Dip Musc Med
Area of practice: Rural general practice, musculoskeletal medicine
Special Interests: Teaching evidence based treatment of low back pain

Qualifications: MBBS, BSc (Hons) Grad Dip Musc Med
Area of practice: General practice, musculoskeletal medicine
Special Interests: Manual therapy

Qualifications: MBBS, Dip Obs RACOG, FRACGP, FACRRM, GDRH, GDMSM, CEMST, Dip Bus.
Area of practice: Consultant Ed and Dir Clinical training
Special Interests: Lower back pain, other areas (groin, shoulder and neck).

Qualifications: BSc, MBBS, Fellow Australasian College of Nutritional and Enviro. Med., Dip. Int. Board of Clinical Metal Toxicology
Area of practice: Acute and chronic musculoskeletal pain in general practice
Special Interests: Diagnosis of musculoskeletal pain using palpation, prolotherapy, simple exercises and stretching.

Tasmania

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Qualifications: Musculoskeletal and Occupational Medicine
MBBS, PhD, FAFOM, Grad Dip Musc Med
Area of practice: Musculoskeletal and occupational medicine, prolotherapy
Special Interests: Soft tissue pathology

Victoria

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Qualifications: MBBS, Grad Dip Musc Med, FACPM, FAFMM
Area of practice: General musculoskeletal medicine

Special Interests: Myofascial pain, prolotherapy, chronic low back pain, whiplash, chronic neck pain, headaches, assessment of mechanical and non-rheumatological joint pain.

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Qualifications: MBBS, Dip Obs RCOG Grad Dip Occ Health Grad Dip Musc Med FAFMM
Area of practice: General practice, occupational health, musculoskeletal medicine.
Special Interests: Not specified

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Qualifications: MBBS, B(med) Sc, Grad Dip Musc Med., Dip Pain Management, Cert Man Med (RACGP), FAFMM.
Area of practice: Musculoskeletal medicine
Special Interests: Neuropathic pain, sciatica and back pain.

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Qualifications: MBBS, FAFMM, Grad Dip Musc Med
Area of practice: Musculoskeletal pain medicine.
Special Interests: Manual therapy, office injections, cervicogenic headache

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Western Australia

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Qualifications: MBBS, FAFRM
Area of practice: Rehabilitation Medicine,
musculoskeletal pain.
Special Interests: None specified

Qualifications: MBBS
Area of practice: Mind / body Medicine
Teaching Preference: Undergraduate
Special Interests: Mobilisation and manipulation of
spine, muscle energy techniques

Qualifications: MBBS, Grad Dip Musc Med, M Pain
Med.
Area of practice: Musculoskeletal medicine full time
in a multidisciplinary clinic
Special Interests: General expertise in running past
workshops and training programs for GPs.

Qualifications: MBBS (WA), Grad Dip Musc Med
(Flinders)
Area of practice: Occupational health
Special Interests: Musculoskeletal medicine and
occupational health.

Qualifications: MBBS, Grad Dip Manip Ther
(Curtin), Grad Cert Mus Med (Flinders)
Area of practice: Musculoskeletal and general
practice
Special Interests: Movement disorders and
persistent pain.