



Australian Association of Musculoskeletal Medicine

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Born March 1, 1952 in Trollhättan, Sweden. Received his M.D. in 1978, and his Ph.D. in 1993. Stefan Blomberg is a specialist in pain medicine and a specialist in family medicine with advanced degrees in manual medicine for physicians and orthopedic manual therapy for physical therapists.

Stefan is a member of the Scientific Committee of FIMM (The International Federation for Manual Medicine), and he is also an instructor for the Swedish Association for Orthopedic Manual Medicine – he is currently responsible for the residency programs for physical therapists and MDs, as well as for the courses in manual medicine/therapy within the frames of the basic curriculum of the medical education and within the education of physical therapy at the University of Uppsala. Since 1983 Dr. Blomberg has operated a physician/physical therapy clinic called Stockholm Clinic – Stay Active, currently involving five physicians, sixteen physical therapists, one psychologist/Ph.D., and five other employees.

Stefan Blomberg and his clinic is involved in several randomized controlled studies as well as in experimental pain research. Since at least 1985, a considerable methodological development, with regards to management of patients with symptoms from the locomotor system, has been performed in the clinic. This is true for the manual techniques, improvement of scientific awareness with in manual medicine, and the integration of other methods such as behavioral therapy and psychotherapy in manual medicine, which is considered important not least for chronic patients.